

THERAPIES ON THAMES NEWS

therapiesonthames.co.uk



August 2025

Introduction

Did you know that August is Happiness Happens Month? With hot summer days and what seems like endless summer holidays for some, summer brings out the joy in many of us. One thing Therapies on Thames is happy about this month is how many of you have accepted our invitation to our Open Day on the 10th September.

This month's newsletter explores how Happiness Happens Month and Never Give Up Day tie into the resilience and positivity we see in our clients and team every day. Plus, we're delighted to share Dorothy's rehabilitation journey, introduce another member of our therapy team, and tell you about a new way to leave feedback via our Doctify review service.

Reminder: Therapies on Thames Open Day

 Wednesday 10 September
 2pm - 6pm
 WADE Day Centre

A reminder that you are all invited to our open day.

Please let us know if you can attend.

You're Invited to the Therapies on Thames Open Day



Date: Wed 10 Sep 2025
Time: 2:00pm – 6:00pm
Venue: WADE Day Centre,
Wokingham RG41 1EH
**Afternoon Tea & Nibbles
Provided**

We warmly invite you to join us for an afternoon of inspiration, learning, and community at our Open Day. This special event is a chance to connect, explore our services, and celebrate the people who make our work meaningful.

Event Highlights

2:00pm: Doors Open & Refreshments
3:00pm: Welcome by Tanya Campbell, Operations Manager
3:15pm: Parkinson's Talk with Dr. Chatterjee, Rachel Howes, and Raj
4:30pm: New Service Launch by Special Guest
6:00pm: Event Close

Exhibition stands: Visit and connect with Wheelchair Service, Care Agencies, and WADE Day Centre

The Therapies on Thames team would like to take this opportunity to thank our valued customers, trusted partners, and dedicated health and social care colleagues for your continued trust and support. Your confidence in our service inspires everything we do.

RSVP by emailing
contact@therapiesonthames.co.uk



Happiness Happens Month & Never Give Up Day

August is a month for celebrating positivity and perseverance—two qualities at the heart of recovery and rehabilitation.

- Happiness Happens Month encourages us to notice and share the little moments that bring joy. Whether it's a smile from a client, a shared joke during an exercise session, or the satisfaction of achieving a new goal, these moments matter.
- Never Give Up Day (18 August) is a powerful reminder of the resilience we see daily—from clients learning to walk again after surgery to care staff who go above and beyond in supporting residents.

At Therapies on Thames, we believe in combining skill with optimism. When clients feel encouraged and supported, they often surprise themselves with what they can achieve—proving that progress is always possible.



New Case Study: Dorothy's Recovery Story

Dorothy, an 89-year-old resident at Camberley Manor, was admitted following a right hip replacement in May 2022. Bed-bound for over six months, she experienced both physical decline and cognitive changes.
(photo of Dorothy and Wilson)

With tailored physiotherapy from Wilson, Dorothy's journey focused on gentle yet consistent exercises, mobility training, and confidence-building. Over time, she regained her strength, improved her cognitive engagement, and began moving independently again.

Her story is a testament to the difference specialist rehabilitation can make—not only restoring mobility but also improving quality of life. Please take a look at her inspiring video here therapiesonthames.co.uk/testimonials





Introducing: Manfred

**Physiotherapist at
Therapies on Thames**

Manfred Suttner graduated as a physiotherapist in Utrecht, The Netherlands in 1993. He moved to the UK in 1995 and after a few years in London, Hertfordshire and Kent.

He has worked and lived in Dorset since 1997, where he has gained extensive experience in the NHS, private hospitals and physiotherapy clinics. He is now based in Wimborne. Since 2017, he has also provided physiotherapy in care homes in Poole.

His approach to physiotherapy is very hands-on and person-centred, with at the heart, an emphasis on self-management in particular for chronic conditions, including acupuncture, in which he holds a postgraduate diploma. With more than 30 years of experience, Manfred remains passionate about making a difference in people's quality of life. He has experience treating patients of all ages and has a special interest in hydrotherapy for children and adults, which he continues to provide at a local Sports Centre.

In his spare time Manfred has completed an MRes in Religion and Philosophy and is hoping to publish his first book of poetry. He is furthermore trained as a meditation facilitator and yoga teacher.

Patient Feedback

We had such a great experience with Devi. She really got my father back on his feet and fitter than he's been in years. Thank you Therapies on Thames. We can't rate you highly enough.

If you have a comment or success story to share, we'd love to feature it in a future edition. Let us know. You can also give us a review on Google.

➔ g.page/r/CbfiR3K7UaqIEBM/review



Or if you don't have a Google account, you can review us on Doctify 📌

Leave us a Review on Doctify

We're now listed on Doctify, a healthcare review platform that allows clients, families, and professionals to share their experiences of our services. Your anonymous feedback helps us improve, celebrate successes, and reach more people who could benefit from our support.

Gloucestershire ➔ doctify.com/uk/review/XyfN6k

Oxfordshire ➔ doctify.com/uk/review/mn1Oqh

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